



JANUARY 2025

HAPPY NEW YEAR!

Immanuel Lutheran Church
1036 East Lincoln Street
Woodburn, Oregon 97071



6th

10:30 am Gentle Stretch & Exercise with Shelly
11:30-12:30 pm Activity Hour with Kathy
1:00 pm Bingo \$2 Cards & Great Prizes
2:30-7:00 pm Planning BOM II – Last minute Quilt sign ups

13th

10:30 am Gentle Stretch & Exercise with Shelly
11:30-12:30 pm Activity Hour with Kathy
1:00 pm Bingo \$2 Cards & Great Prizes

20th

10:30 am Gentle Stretch & Exercise with Shelly
11:30-12:30 pm Activity Hour with Kathy
1:00 pm Bingo \$2 Cards & Great Prizes

27th

10:30 am Gentle Stretch & Exercise with Shelly
11:30-12:30 pm Activity Hour with Kathy
1:00 pm Bingo \$2 Cards & Great Prizes
2:30-7:00 pm Jelly Roll Intro - Last minute Quilt sign ups

Charity Quilting on Thursdays
From Noon to 6:00 pm on January 2nd & 23rd
Help Build Items for Donation with Sew And Glo
All supplies provided



Come join us at the Center!
We are open on:
Mondays & Wednesdays
10:30 am to 3:00 pm
Visit us at: nmadultcenter.org

* Please note that NMAC follows the Woodburn School District's Emergency Weather Closure Schedule. If the school district is closed due to inclement weather, NMAC will also be closed.

1st

The center will be closed on New Year's Day, January 1st.
We wish you a happy and safe New Year!

8th

10:30 am Chair Exercise with Ann
11:15 am Movement Exercise with Ann
12:00 pm Lunch provided by Country Meadows Village
Birthday Celebration - Cake Provided by Resi @ McCully Realty
1:00 pm Craft 101 - Card Bingo
1:00-4:00 pm Quilt Happy-BOM II-Disappear 4s & 9s - Cost: \$5 Kit

15th

10:30 am Chair Exercise with Ann
11:15 am Movement Exercise with Ann
12:00 pm Lunch provided by Andrew Nordby of Viking Properties NW
1:00 pm Craft 101 - Card Bingo
1:00 pm Craft 101 - Snow Globe Crafting Workshop - Cost: \$3
1:00-7:00 pm Charity Sit & Sew - Watch & Learn

22nd

10:30 am Chair Exercise with Ann
11:15 am Movement Exercise with Ann
12:00 pm Lunch provided by Cascade Park Retirement
★ Lunch & Learn features Becki Hayes with AARP will be speaking on Fraud Prevention and Avoiding Scams
1:00 pm Craft 101 - Card Bingo
1:00 pm Craft 101 - Snow Stenciling & Stamping Workshop - Cost \$3
1:00-4:00 pm L's Sew Ditty Class-Clever Coaster Set - Cost: \$5 Kit

29th

10:30 am Chair Exercise with Ann
11:15 am Movement Exercise with Ann
12:00 pm Super Bowl Themed Party - provided by the volunteers of NMAC
1:00 pm Craft 101 - Card Bingo
1:00-4:00 pm Quilt Happy-Jelly Roll Races - Cost: \$15 Kit



Get ready for an exciting day filled with football, fun, and friends at our Super Bowl Themed Party on January 29th! Wear your favorite team attire and join in on our football pool for Super Bowl LIX!