

North Marion Adult Center

Immanuel Lutheran Church 1036 East Lincoln, Woodburn (Entrance in back)

April 2024 Events

Mondays

1st

10:30 am **Gentle Stretch & Exercise** with Shelly
1:00 pm **BINGO \$2 Cards & Great Prizes**
3:00-7:00 pm **Charity Sewing**

8th

10:30 am **Gentle Stretch & Exercise** with Shelly
1:00 pm **BINGO \$2 Cards & Great Prizes**
Sew & Glow Remote - Long Arm Class

15th

10:30 am **Gentle Stretch & Exercise** with Shelly
1:00 pm **BINGO \$2 Cards & Great Prizes**
3:00-7:00 pm **Charity Sewing**

22nd

10:30 am **Gentle Stretch & Exercise** with Shelly
1:00 pm **BINGO \$2 Cards & Great Prizes**
Sew & Glow Remote - Long Arm Class

29th

10:30 am **Gentle Stretch & Exercise** with Shelly
1:00 pm **BINGO \$2 Cards & Great Prizes**



Immanuel Lutheran Church
1036 E Lincoln Street, Woodburn

Come join us at the Center!

We are open on:
Mondays & Wednesday
10:30 am to 3:00 pm

Visit us at: woodburncenter.org

Wednesdays

3rd

10:30 am **Chair Exercise** with Ann
11:15 am **Movement Exercise** with Ann
12:30 pm **Crafting 101** - Make a bird nest wreath with Pat - Cost: \$5
12:00 pm **Lunch** provided by Country Cottage Restaurant
12:00 pm **Birthday Cake** by provided by Resi of McCully Realty

10th

10:30 am **Chair Exercise** with Ann
11:15 am **Movement Exercise** with Ann
12:30 pm **Craft 101** - Wood Painting with Marilyn - Cost: \$5
12:30 pm **Sew Easy** - Block of the Month - Cost: \$5 per kit
12:00 pm **Lunch** provided by Andrew Nordby of Viking Properties NW

17th

10:30 am **Chair Exercise** with Ann
11:15 am **Movement Exercise** with Ann
12:00 pm **Lunch** provided by Country Meadows Village
12:00 pm **Lunch & Learn** - Shannon Horn of Advantage Mortgage will be here to explain how Reverse Mortgages work and when one might be right for you.

24th

10:30 am **Chair Exercise** with Ann
11:15 am **Movement Exercise** with Ann
12:30 pm **Splatter Painting** with Alberto Cost: \$5
12:30 pm **Sew Easy** - Block of the Month - Cost: \$5 per kit
12:00 pm **Lunch** provided by Stacy & Joel from Cascade Park Retirement